☺Tools for success☺

On the 8th of May 2012 Samantha and Rose went to the ***WAVE FORUM.***

We were the ones chosen to go.

We got taken up by Mrs Roy to Timaru. It was at Caroline Bay hall.

When we got there it was foggy but mild.

We met Mr Heaphy at the hall and got our picture taken beside the ***WAVE*** flag.

We went inside the hall and got a bag of stuff to use through the day. We waited for a bit so they got set up.

Mr Heaphy said that there was a bouncy floor so if you bounced on it you would bounce up and down.

We got greeted by the ***WAVE*** group and two Maori people and also sang happy birthday to Greg Newton our ***WAVE*** facilitator.

The people said “Go and find your desk. It will have the same picture on your desk as your bag. We were “the nails”.

The people in our group were Fairlie Primary, St Josephs Temuka, Holdon and us.

The first activity we did was to figure out what the word was on the wall. There were so many people running round trying to figure them out.

A lady called Diane helped us figure them out.

The next activity we did, we had a big piece of paper and wrote down all the things you should do to be healthy, like;

☺Wash your hands

☺Don’t litter

☺School gardens

And a lot more.

Before we had a morning break Lee did JUMP JAM with us. It was really fun because we were jumping up and down on the bouncy floor. After that we had a morning break and some fruit.

After morning tea did another activity. This time we got a sheet of questions about something healthy what we do in our school.

We wrote about our school gardens. Most people wrote about their gardens too.

Then we had lunch.

After we did that activity we did a thing about washing our hands. Our whole group did it. This is how it went.

We made a place for a pretend bathroom and there were two bathrooms; one for the girls and the other for the boys.

Two people went beside a gap in the walls and the rest of them went inside the gap of the walls. We both went inside the walls. When you went outside the walls the person who was beside the walls would have a piece of paper and they would say ‘have you washed your hands?’ and some people would say yes and some people would have to say no! We both wanted to say ‘yes’ so we did paper scissors rock. Samantha won and Rose lost. Samantha said “yes” and Rose said “no” so Rose had to go back and wash her hands.

Then we did JUMP JAM with Lee again. We did `Candy Man’ and `Who Let the Dogs out?’ It was AWESOME.

After Jump Jam we had finished the day. It was a great day.

By Samantha and Rose☺

